

how to survive menopause pdf

Menopause, also known as the climacteric, is the time in most women's lives when menstrual periods stop permanently, and they are no longer able to bear children. Menopause typically occurs between 49 and 52 years of age. Medical professionals often define menopause as having occurred when a woman has not had any vaginal bleeding for a year. It may also be defined by a decrease in hormone ...

Menopause - Wikipedia

Menopause is the process through which a woman ceases to be fertile or menstruate. It is a normal part of life and is not considered a disease or a condition.

Menopause: Symptoms, causes, and treatments

How to survive a stroke. A stroke is a medical emergency. It can cause lasting brain damage, long-term disability, and even death. If you notice the symptoms of stroke, call 911 right away. The sooner you get treatment, the better your chances of surviving and making a full recovery.

How to survive a stroke | womenshealth.gov

Structure. The gallbladder is a hollow organ that sits in a shallow depression below the right lobe of the liver, that is grey-blue in life. In adults, the gallbladder measures approximately 7 to 10 centimetres (2.8 to 3.9 inches) in length and 4 centimetres (1.6 in) in diameter when fully distended. The gallbladder has a capacity of about 50 millilitres (1.8 imperial fluid ounces).

Gallbladder - Wikipedia

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